Love and Logic Parenting Classes

Facilitated by: Rialto Unified School District Therapeutic Behavioral Strategists

Six sessions designed to help parents equip their student with character, compassion, problem solving skills and more!

You will learn how to:

Stay calm when your student does incredibly upsetting things. Help your student learn from mistakes so they don't repeat them. Raise students who are family members rather than dictators. Set enforceable limits. Avoid enabling and begin empowering. Avoid un-winnable power-struggles and arguments.

Spanish Sessions:

Wednesday: 3:00pm-5:00pm September 13, 20, 27 October 4, 11, 18 Location: Adult Learning - Bistro

English Sessions: Friday: 9:00am-11:00am September 15, 22, 29 October 6, 13, 20 Location: Professional Development Center S3

Registration link:

https://docs.google.com/forms/d/e/1FAIpQLSeFgx kiU-A-uxb04_HOIgypNhKxHHiHYdjeFtFxVBX0QrrAw/viewform This parenting program is designed to give you practical skills that can be used immediately.



Facilitators: Liliana Mercado – <u>Imercado@rialtousd.org</u>

Robin Bowman-Gulley – <u>rbowman2@rialtousd.org</u> Gelcie Hitchman-Gomez – <u>ghitchma@rialtousd.org</u> Jackie Russell – <u>irussell@rialtousd.org</u> Virgo Garrett – <u>vgarrett@rialtousd.org</u> Adriana Perez – <u>aperez@rialtousd.org</u>

